



COMPARATIVE TABLE | TABLEAU COMPARATIF

Products | Produits



| | SPARK Pomegranate, Mocha, Margarita/ Pomme grenade, Moka, Margarita Units/Unités | GU Salted caramel/Caramel salé Units/Unités | CLIF Citrus/Agrumes Units/Unités | Honey Stinger Pomegranate Units/Unités |
|------------------------------------|--|--|---|---|
| Portion (g) | 40 g | 32 g | 32 g | 38 g |
| Calories | 100 | 100 | 100 | 100 |
| Carbohydrates/Glucides | 23 g | 22 g | 24 g | 23 g |
| Sugars/Sucres | 18 g | 7 g | 12 g | 13 g |
| Protein/Protéines | 4 g | 0 g | 0 g | 0 g |
| Sodium | 115 mg | 125 mg | 90 mg | 50 mg |
| Potassium | 100 mg | 40 mg | 55 mg | 50 mg |
| Calcium | 65 mg | 20 mg | 0 mg | 0 mg |
| Magnesium/Magnésium | 21 mg | 0 g | 0 mg | 0 mg |
| Amino Acids/Acides aminés | | Claimed but not part of Nutritional Fact Tables/Revendiqué mais ne fait pas partie du tableau nutritionnel | | |
| Recommendation/Recommandation | 60 to/à 75 minutes | 45 minutes | 30 minutes | No indication/Aucune indication |
| Approximate cost/Prix approximatif | 2,79 \$ | 2,25\$ to/à 2,49\$ | 1,99\$ to/à 2,49\$ | 1,99\$ to/à 2,49\$ |
| Shop/magasin | 2,79 \$ | 2,25\$ to/à 2,49\$ | 1,99\$ to/à 2,49\$ | 1,99\$ to/à 2,49\$ |

Sources: Consultation de minimum 3 sites Internet dont celui de l'entreprise concernée, en plus de visites dans 4 boutiques différentes.
Sources: Consultation of at least 3 websites, including that of the company concerned, in addition to visits to 4 different shops.



GLUTEN FREE
SANS GLUTEN



GMO FREE
SANS OGM



MADE IN CANADA
FABRIQUÉ AU CANADA

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